

-Page 2-

- **If your test result is positive, isolate at home for 10 days** and contact your healthcare provider.
 - You will still need to follow guidance at your workplace and local businesses.
- **Stay in touch with your healthcare provider**; call ahead before you get medical care.
- You should **wear a mask over your nose and mouth** if you must be around other people or animals, including pets, even at home. (You don't need to wear the mask if you are alone.)
- **Cover** your coughs and sneezes.
- **Clean** your hands often.
- **Avoid sharing** personal household items.
- **Clean** all "high-touch" surfaces every day.

DCHD also recommends these steps to reduce your risk of getting and spreading COVID-19:

- **Get a COVID-19 vaccine** as soon as possible when eligible, if not already vaccinated. In addition to being fully vaccinated**, follow the steps below as well.
- **Wear** a mask over your nose and mouth when you are indoors with people you do not live with and when you are unable to [stay at least 6 feet apart](#) since COVID-19 spreads mainly among people who are in [close contact](#) with one another.
- **Stay** at least 6 feet away from people who don't live with you.
- **Avoid** crowded areas and poorly ventilated spaces.
- **Wash** your hands often with soap and water, or use hand sanitizer with at least 60% alcohol.

**Fully vaccinated people can participate in many of the activities that they did before the pandemic. People are considered fully vaccinated 2 weeks after their second dose in a 2-dose series, such as Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's vaccine. To maximize protection from the Delta variant and prevent possibly spreading to others, wear a mask indoors in public if you are in an area of substantial or high transmission.

If you have additional questions regarding this low-risk COVID-19 exposure, please contact your school health staff at nurse@butler53.com. More information is available at the following websites:

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

IDPH: <http://dph.illinois.gov/covid19>

DCHD: www.dupagehealth.org/covid19

We are committed to providing your child and school staff with a safe and healthy environment. Thank you for your understanding and ongoing cooperation with COVID-19 prevention practices that protect our school community.

Sincerely,

DuPage County Health Department

